

Head Coach

Role

To lead a team of teachers and coaches for the successful development of the athletes in your club and enable them to achieve the best of their ability.

Duties and Responsibilities

- To plan and direct training and recommend acquisition of swimmers for club, county and regional teams and swimming leagues including:
 - Directing conditioning of swimmers to achieve maximum athletic performance
 - Writing annual plan
 - Setting annual competition calendar
 - Selecting swimming teams
 - Controlling swimmer movement between squads
- To develop annual competition calendar in line with annual plan
- To schedule land training for athletes as part of annual plan
- To support coaches in preparing session plans by using a cyclical annual plan set for the season, and using relevant practices and coaching points to achieve the aim of the session using the principles of LTAD
- To mentor new and upcoming teachers / coaches
- To assess any potential athletes entering the club
- To create successful relationships with neighbouring clubs to ensure strong athlete pathway
- To ensure the programme has exit routes to ensure life-long participation within aquatics
- To provide quarterly reports to committee to update on the programme
- To always be aware of the NOP-EAP
- To inform treasurer and membership of new members entering the club
- To treat everybody with respect, kindness, understanding and consideration
- To attend relevant competitions outlined in contract
- To work within the team

Skills and Qualities

- Ability to communicate effectively
- Ability to think flexibly and generate new ideas
- Ability to coordinate and facilitate
- Enthusiastic about the role
- Approachable

Commitment

- To arrive at least 15 minutes prior to the start time and then to prepare athletes for poolside warm up.
- To start and finish your sessions on time
- To continue to develop your knowledge and professional development at every opportunity and to attend staff training as per your contract